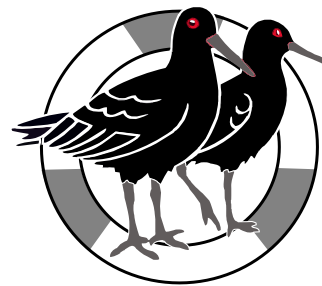


Longclaw, Cape  
Mallard  
Marsh-Harrier, African  
Martin, Banded  
Martin, Brown-throated  
Martin, Rock  
Martin, Sand  
Masked-Weaver, Southern  
Moorhen, Common  
Mousebird, Red-faced  
Mousebird, Speckled  
Mousebird, White-backed  
Neddicky  
Night-Heron, Black-crowned  
Nighthjar, Fiery-necked  
Osprey  
Ostrich, Common  
Owl, Barn  
Owl, Marsh  
Oystercatcher, African Black  
Painted-snipe, Greater  
Pelican, Great White  
Penduline-Tit, Cape  
Penguin, African  
Petrel, White-chinned  
Phalarope, Red-necked  
Pigeon, Speckled  
Pipit, African  
Pipit, Long-billed  
Pipit, Plain-backed  
Plover, Chestnut-banded  
Plover, Common ringed  
Plover, Grey  
Plover, Kittlitz's  
Plover, Three-banded  
Plover, White-fronted  
Pratincole, Black-winged  
Prinia, Karoo  
Quail, Common  
Quelea, Red-billed  
Rail, African  
Raven, White-necked  
Redshank, Common  
Reed-Warbler, African  
Robin-Chat, Cape  
Ruff  
Rush-Warbler, Little  
Sandling  
Sandgrouse, Namaqua  
Sandpiper, Common  
Sandpiper, Curlew  
Sandpiper, Marsh  
Sandpiper, Terek  
Sandpiper, White-rumped  
Sandpiper, Wood  
Saw-wing, Black  
Scrub-Robin, Karoo  
Secretarybird  
Seedeater, Protea  
Seedeater, Streaky-headed  
Shelduck, South African  
Shoveller, Cape  
Siskin, Cape  
Snake-Eagle, Black-chested  
Snipe, African

*Oranjekeelkalkoentjie*  
*Groenkopeend*  
*Afrikaanse Vleivalk*  
*Gebande Oewerswael*  
*Afrikaanse Oewerswael*  
*Kransswael*  
*Europese Oewerswael*  
*Swartkeelgeelvink*  
*Grootwaterhoender*  
*Rooiwangmuivoël*  
*Gevlekte Muisvoël*  
*Witkruismuisvoël*  
*Neddikkie*  
*Gewone Nagreier*  
*Afrikaanse Naguil*  
*Visvalk*  
*Volstruis*  
*Nonnetjie-uil*  
*Vlei-uil*  
*Swartobie*  
*Goudsnip*  
*Witpelikaan*  
*Kaapse Kapokvoël*  
*Brilpikkewyn*  
*Bassiaan*  
*Rooihalsfraaingpoot*  
*Kransduif*  
*Gewone Koester*  
*Nicholsonse Koester*  
*Donkerkoester*  
*Rooibandstrandkiewiet*  
*Ringnekstrandkiewiet*  
*Grystrandkiewiet*  
*Geelborsstrandkiewiet*  
*Driebandstrandkiewiet*  
*Vaalstrandkiewiet*  
*Swartvlerksprinkaanvoel*  
*Karoolangstertjie*  
*Afrikaanse Kwartel*  
*Rooibekkwalea*  
*Grootriethaan*  
*Withalskraai*  
*Rooipootruter*  
*Kleinrietsanger*  
*Gewone Janfrederik*  
*Kemphaan*  
*Kaapse Vleisanger*  
*Drietostrandloper*  
*Kelkiewyn*  
*Gewone Ruiter*  
*Krombekstrandloper*  
*Moerasruiter*  
*Terekruter*  
*Witrugstrandloper*  
*Bosruiter*  
*Swartsaagvlerkswael*  
*Slangverklipper*  
*Sekretarisvoel*  
*Witvlerkanarie*  
*Streepkopkanarie*  
*Kopereend*  
*Kaapse Slopeend*  
*Kaapse Pietjekanarie*  
*Swatborsslangarend*  
*Afrikaanse Snip*

Sparrow, Cape  
Sparrow, House  
Sparrow, Southern Grey-headed  
Sparrowhawk, Black  
Sparrowlark, Grey-backed  
Spoonbill, African  
Spurfowl, Cape  
Starling, Cape Glossy  
Starling, Common  
Starling, Pied  
Starling, Red-winged  
Starling, Wattled  
Stilt, Black-winged  
Stint, Little  
Stonechat, African  
Storm-Petrel, Wilson's  
Sugarcane, Cape  
Sunbird, Dusky  
Sunbird, Malachite  
Sunbird, Orange-breasted  
Sunbird, Southern Double-collared  
Swallow, Barn  
Swallow, Greater Striped  
Swallow, Pearl-breasted  
Swallow, White-throated  
Swalphen, African Purple  
Swamp-Warbler, Lesser  
Swift, African Black  
Swift, Alpine  
Swift, Common  
Swift, Horus  
Swift, Little  
Swift, White-rumped  
Teal, Cape  
Teal, Red-billed  
Tern, Antarctic  
Tern, Arctic  
Tern, Black  
Tern, Caspian  
Tern, Common  
Tern, Damara  
Tern, Little  
Tern, Roseate  
Tern, Sandwich  
Tern, Swift  
Tern, White-winged  
Thick-knee, Spotted  
Thick-knee, Water  
Thrush, Olive  
Tit, Grey  
Tit-Babbler, Chestnut-vented  
Tit-Babbler, Layard's  
Turnstone, Ruddy  
Turtle-Dove, Cape  
Wagtail, Cape  
Waxbill, Common  
Waxbill, Sweet  
Weaver, Cape  
Wheatear, Capped  
Wheatear, Mountain  
Wimbrel, Common  
White-eye, Cape  
Whydah, Pin-tailed  
Woodpecker, Cardinal  
Woodpecker, Ground

*Gewone Mossie*  
*Huismoessie*  
*Gryskopmoessie*  
*Swartspenwer*  
*Grysluglewerik*  
*Lepelaar*  
*Kaapse Fisant*  
*Kleinglansspreeu*  
*Europese Spreeu*  
*Witgatspreeu*  
*Rooivlerkspreeu*  
*Lelspreeu*  
*Rooipootelsie*  
*Kleinstrandloper*  
*Gewone Bontrokkie*  
*Gewone Stormswael*  
*Kaapse Suikervoël*  
*Namakwasuikerbekkie*  
*Jangroentjie*  
*Oranjeborssuikerbekkie*  
*Klein-rooibandsuikerbekkie*  
*Europese Swael*  
*Grootstreepswael*  
*Pêrelborsswael*  
*Witkeelswael*  
*Grootkoningriethaan*  
*Kaapse Rietsanger*  
*Swartwindswael*  
*Witpenswindswael*  
*Europese Windswael*  
*Horuswindswael*  
*Kleinwindswael*  
*Witkruiswindswael*  
*Teelend*  
*Rooibekeend*  
*Grysborssterretjie*  
*Arktiese Sterretjie*  
*Swartsterretjie*  
*Reusesterretjie*  
*Gewone Sterretjie*  
*Damarasterretjie*  
*Kleinsterretjie*  
*Rooiborssterretjie*  
*Grootsterretjie*  
*Geelbeksterretjie*  
*Witvlerksterretjie*  
*Gewone Dikkop*  
*Waterdikkop*  
*Olyflyster*  
*Piet-tjou-tjou-grysmees*  
*Bosveldtjeritk*  
*Grystjeritk*  
*Steenloper*  
*Gewone Tortelduif*  
*Gewone Kwikkie*  
*Rooibeksystie*  
*Suidelike Swie*  
*Kaapse Wewer*  
*Hoëveldskaapwagter*  
*Bergwagter*  
*Kleinwulp*  
*Kaapse Glasogje*  
*Koningrooibekkie*  
*Kardinaalspeg*  
*Grondspieg*



# WEST COAST BIRD CLUB

Also representing BirdLife  
South Africa on the West Coast

## BIRDING ON THE WEST COAST

The West Coast is at the southernmost point of the migration route from Europe and the Steppes of Russia which makes it a must in the birder's calendar. The diversity of vegetation and many lagoons, marshes and river estuaries support huge migrant Palaearctic populations. Over 250 species have been recorded – some 65 of which are seabirds, including flamingos, a variety of duck species and the striking African Black Oystercatcher that breeds both onshore and on the offshore islands. Bring a new dimension to your outing and join a pelagic trip and visit the outlying islands or, to get a bird's eye view, paddle along the coastline in a sea kayak. From Rietvlei at Milnerton, headquarters of Sanncoob where injured seabirds are rehabilitated and released, to Bird Island at Lambert's Bay, birdwatching can be both fun and fulfilling.

Besides the nature reserves, birders should visit the hide at the West Coast Fossil Park (the one at the Vredenburg-Saldanha golf club is being repaired). Also highly recommended is Rocherpan Nature Reserve as well as Verlorenvlei further north – another "hotspot" – with its roost of terns. The mountainous backdrop is home to Verreaux's Eagle and the strandveld vegetation supports birds such as Cape Penduline-Tit, Chestnut-vented Tit-Babbler and the Southern Black Korhaan. On Britannica Heights at St Helena Bay five of the lark species can be seen. Many of the larger species can be seen from the comfort of the car, in particular the Black Harrier whose home is the West Coast National Park which lies alongside the R27, the Lanner and Peregrine Falcons and the Booted Eagle.

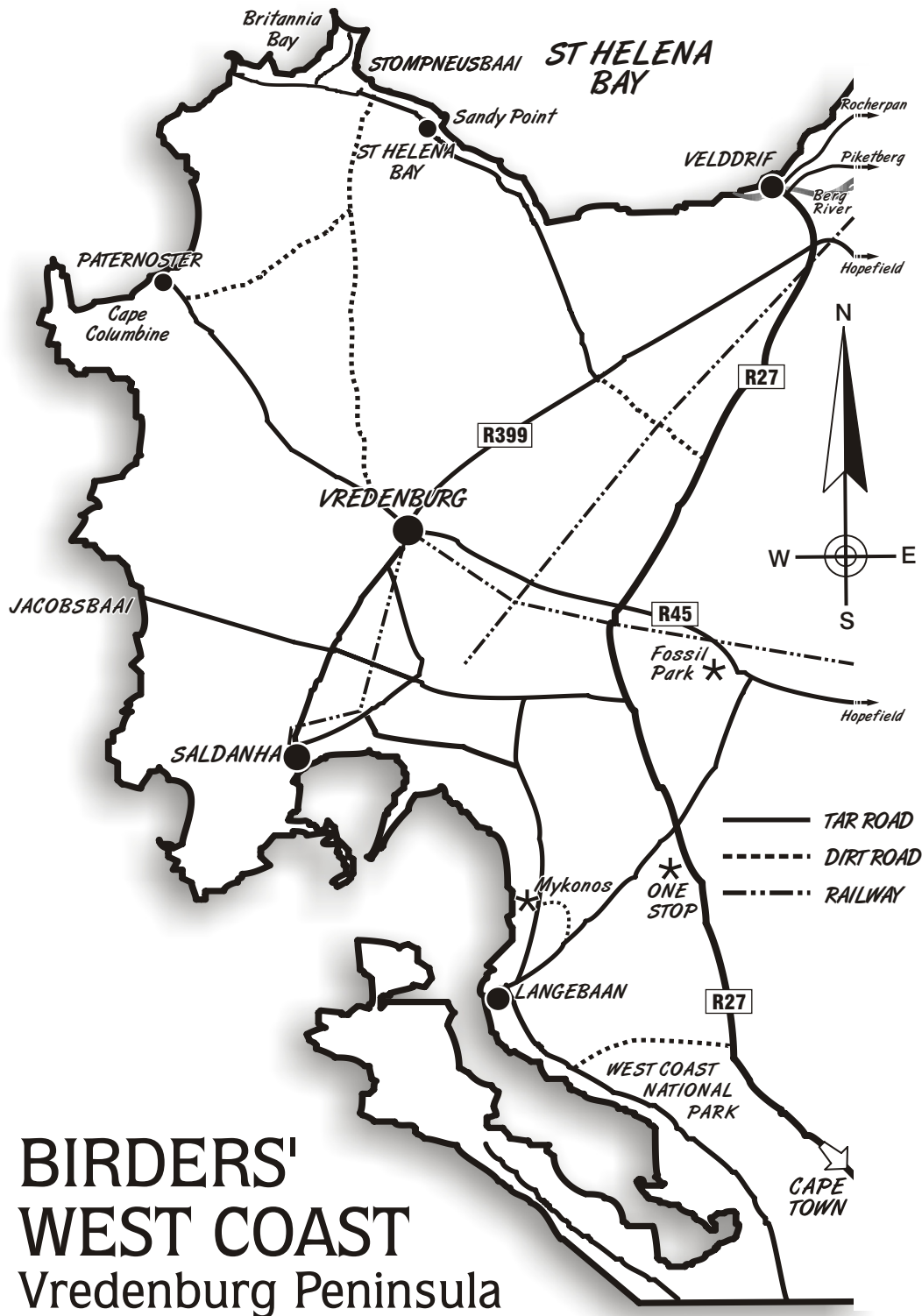
Whether it is walking along the shoreline of Dwarskersbos or exploring the reed beds of Langebaan lagoon, birders can be assured of a rewarding day. For more details, contact the West Coast Bird Club 022 723 0386 / 082 736 6673 Angus & Gil Stewart [angil@westcoastmail.co.za](mailto:angil@westcoastmail.co.za) or 022 713 3026 Keith Harrison to obtain the maps indicating good birding spots in the immediate vicinity.

For a close-up view of myriad water birds, ask for the key to the bird hide on the banks of the Berg River at the Riviera Hotel on Voortrekker Road in Velddrif. If your timing is good you may also witness the spectacle of thousands of Cape and White-breasted Cormorants streaming in through the river mouth in the evening to roost on the commercial salt pans. More than one hundred thousand have been counted; how is that done, you may ask? Very carefully!

Alternatively, drive 25km north of Velddrif through Dwarskersbos to Rocherpan Nature Reserve, a wild coastal strip based around a seasonal vlei or pan - a wonderful place to see Great White Pelicans and Greater and Lesser Flamingos, which are all threatened species, but you wouldn't think so. They spend much time feeding here, flying north to Botswana and Namibia to breed. From the pristine beaches you'll also see seasonal whales and dolphins – among which is the endemic Heaviside's Dolphin (Cephalorhynchus heavisidii), found only along the West Coast of Southern Africa in the whole world. One of the least-known dolphins, this cetacean is classified as Data Deficient in the IUCN Red List. Entry fee to the Reserve is minimal and is open daily from 08:00 to 18:00. For information on or to book accommodation in this reserve, contact 021-4830190. Also, visit [www.capenature.co.za](http://www.capenature.co.za)

*Happy birding!*

**BIRDS COMMONLY FOUND ON THE WEST COAST**



**BIRDERS'  
WEST COAST  
Vredenburg Peninsula**

- |  |  |  |  |
|--|--|--|--|
| <p>                 Apalis, Bar-throated<br/>                 Avocet, Pied<br/>                 Barbet, Acacia Pied<br/>                 Batis, Cape<br/>                 Batis, Pririt<br/>                 Bee-eater, European<br/>                 Bishop, Southern Red<br/>                 Bishop, Yellow<br/>                 Bittern, Little<br/>                 Bokmakierie<br/>                 Boubou, Southern<br/>                 Bulbul, Cape<br/>                 Bulbul, Dark-capped<br/>                 Bulbul, African Red-eyed<br/>                 Bunting, Cape<br/>                 Bunting, Lark-like<br/>                 Bustard, Kori<br/>                 Bustard, Ludwig's<br/>                 Buttonquail, Hottentot<br/>                 Buzzard, Forest<br/>                 Buzzard, Jackal<br/>                 Buzzard, Steppe<br/>                 Canary, Black-headed<br/>                 Canary, Brimstone<br/>                 Canary, Cape<br/>                 Canary, White-throated<br/>                 Canary, Yellow<br/>                 Chat, Ant-eating<br/>                 Chat, Familiar<br/>                 Chat, Karoo<br/>                 Chat, Sickle-winged<br/>                 Chat, Tractrac<br/>                 Cisticola, Cloud<br/>                 Cisticola, Grey-backed<br/>                 Cisticola, Levillant's<br/>                 Cisticola, Zitting<br/>                 Coot, Red-knobbed<br/>                 Cormorant, Bank<br/>                 Cormorant, Cape<br/>                 Cormorant, Crowned<br/>                 Cormorant, Reed<br/>                 Cormorant, White-breasted<br/>                 Crane, Black<br/>                 Crane, Blue<br/>                 Crombec, Long-billed<br/>                 Crow, Pied<br/>                 Cuckoo, Diderick<br/>                 Cuckoo, Klaas's<br/>                 Curlew, Eurasian<br/>                 Darter, African<br/>                 Dove, Laughing<br/>                 Dove, Namaqua<br/>                 Dove, Red-eyed<br/>                 Dove, Rock<br/>                 Duck, Maccoa<br/>                 Duck, Mallard<br/>                 Duck, Yellow-billed<br/>                 Eagle, Booted<br/>                 Eagle, Martial<br/>                 Eagle, Verreaux's<br/>                 Eagle-Owl, Cape<br/>                 Eagle-Owl, Spotted<br/>                 Egret, Cattle<br/>                 Egret, Great             </p> | <p>                 Bandkeelkleinjantjie<br/>                 Bontelsie<br/>                 Bonthoutkapper<br/>                 Kaapse Bosbontrokkie<br/>                 Piritbosbontrokkie<br/>                 Europese Byvreter<br/>                 Rooivink<br/>                 Kaapse Flap<br/>                 Kleinrietreier<br/>                 Bokmakierie<br/>                 Suidelike Waterfiskaal<br/>                 Kaapse Tiptol<br/>                 Swartoogtiptol<br/>                 Rooioogtiptol<br/>                 Rooivlerkstreepkoppie<br/>                 Vaalstreepkoppie<br/>                 Gompou<br/>                 Ludwigse Pou<br/>                 Kaapse Kwarteltjie<br/>                 Bosjakkalsvoël<br/>                 Rooiborsjakkalsvoël<br/>                 Bruinjakksvoël<br/>                 Swartkopkanarie<br/>                 Dikbekkanarie<br/>                 Kaapse Kanarie<br/>                 Witkeelkanarie<br/>                 Geelkanarie<br/>                 Swartpiek<br/>                 Gewone Spekvreter<br/>                 Karoospekvreter<br/>                 Vlaktespekvreter<br/>                 Woestynspekvreter<br/>                 Gevlekte Klopkloppie<br/>                 Gysrugtinktinkie<br/>                 Vleitinktinkie<br/>                 Landeryklopkloppie<br/>                 Bleshoender<br/>                 Bankduiker<br/>                 Trekduiker<br/>                 Kuifkopduiker<br/>                 Rietduiker<br/>                 Witborsduiker<br/>                 Swatriethaan<br/>                 Bloukraanvoël<br/>                 Bosveldstompstert<br/>                 Witborskraai<br/>                 Diederikkie<br/>                 Meitjie<br/>                 Grootwulp<br/>                 Slanghalsvoël<br/>                 Rooiborsduifjie<br/>                 Namakwaduijie<br/>                 Grootringduif<br/>                 Tuinduif<br/>                 Bloubekeend<br/>                 Groenkopeend<br/>                 Geelbekeend<br/>                 Dwergarend<br/>                 Breëkoparend<br/>                 Witkruisarend<br/>                 Kaapse Ooruil<br/>                 Gevlekte Ooruil<br/>                 Veereier (Bosluisvoël)<br/>                 Grootwitreier             </p> | <p>                 Egret, Little<br/>                 Egret, Yellow-billed<br/>                 Eremomela, Yellow-bellied<br/>                 Falcon, Lanner<br/>                 Falcon, Peregrine<br/>                 Fiscal, Common<br/>                 Fish-Eagle, African<br/>                 Flamingo, Greater<br/>                 Flamingo, Lesser<br/>                 Flufftail, Red-chested<br/>                 Gnatcatcher, African Dusky<br/>                 Flycatcher, Fairy<br/>                 Flycatcher, Fiscal<br/>                 Flycatcher, Spotted<br/>                 Francolin, Grey-winged<br/>                 Gannet, Cape<br/>                 Godwit, Bar-tailed<br/>                 Godwit, Black-tailed<br/>                 Goose, Egyptian<br/>                 Goose, Spur-winged<br/>                 Goshawk, Southern Pale Chanting<br/>                 Grassbird, Cape<br/>                 Grebe, Black-necked<br/>                 Grebe, Great Crested<br/>                 Grebe, Little<br/>                 Greenshank, Common<br/>                 Guineafowl, Helmeted<br/>                 Gull, Grey-headed<br/>                 Gull, Hartlaub's<br/>                 Gull, Kelp<br/>                 Hamerkop<br/>                 Harrier, Black<br/>                 Harrier-hawk, African<br/>                 Heron, Black-headed<br/>                 Heron, Goliath<br/>                 Heron, Grey<br/>                 Heron, Purple<br/>                 Honeyguide, Greater<br/>                 Honeyguide, Lesser<br/>                 Hoopoe, African<br/>                 House-Martin, Common<br/>                 Ibis, African Sacred<br/>                 Ibis, Glossy<br/>                 Ibis, Hadeda<br/>                 Jaeger, Parasitic<br/>                 Kestrel, Greater<br/>                 Kestrel, Lesser<br/>                 Kestrel, Rock<br/>                 Kingfisher, Giant<br/>                 Kingfisher, Malachite<br/>                 Kingfisher, Pied<br/>                 Kite, Black<br/>                 Kite, Yellow-billed<br/>                 Kite, Black-shouldered<br/>                 Knot, Red<br/>                 Korhaan, Southern Black<br/>                 Lapwing, Blacksmith<br/>                 Lapwing, Crowned<br/>                 Lark, Cape Clapper<br/>                 Lark, Cape Long-billed<br/>                 Lark, Karoo<br/>                 Lark, Large-billed<br/>                 Lark, Long-billed Karoo<br/>                 Lark, Red-capped             </p> | <p>                 Kleinwitreier<br/>                 Geelbekwitreier<br/>                 Geelpensbossanger<br/>                 Edelvalk<br/>                 Swervalk<br/>                 Fiskaallaksman<br/>                 Visarend<br/>                 Grootflamink<br/>                 Kleinflamink<br/>                 Rooiborsvleikuiken<br/>                 Donkervlieëvanger<br/>                 Feevlieëvanger<br/>                 Fiskaalvlieëvanger<br/>                 Europese Vleëvanger<br/>                 Bergpatrys<br/>                 Witmalgas<br/>                 Bandstertgriet<br/>                 Swartstertgriet<br/>                 Kolgans<br/>                 Wildemakou<br/>                 Bleeksingvalk<br/>                 Grasvoël<br/>                 Swartnekdoobertjie<br/>                 Kuifkopdoobertjie<br/>                 Kleindoobertjie<br/>                 Groenootruiter<br/>                 Gewone Tarentaal<br/>                 Gryskopmeeu<br/>                 Hartlaubse Meeu<br/>                 Kelpmeeu<br/>                 Hamerkop<br/>                 Witkruisvleivalk<br/>                 Kaalwangvalk<br/>                 Swartkopreier<br/>                 Reusereier<br/>                 Bloureier<br/>                 Rooireier<br/>                 Grootheuningwyser<br/>                 Kleinheuningwyser<br/>                 Hoephoeop<br/>                 Huisswael<br/>                 Skoorsteenveër<br/>                 Glansibis<br/>                 Hadede<br/>                 Aktiese Roofmeeu<br/>                 Grootrooivalk<br/>                 Kleinrooivalk<br/>                 Kransvalk<br/>                 Reusevisvanger<br/>                 Kuifkopvisvanger<br/>                 Bontvisvanger<br/>                 Swartwou<br/>                 Geelbekwou<br/>                 Blouvalk<br/>                 Knoet<br/>                 Swartvlerkkorhaan<br/>                 Bontkiewiet<br/>                 Kroonkiewiet<br/>                 Kaapse Klappertjie<br/>                 Weskuslangbeklewerik<br/>                 Karoolewerik<br/>                 Dikbeklewerik<br/>                 Karoo Langbeklewerik<br/>                 Rooikoplewerik             </p> |
|--|--|--|--|